





OPEN TOURISM PLUS B2B Forum

Old Royal Capital Cetinje

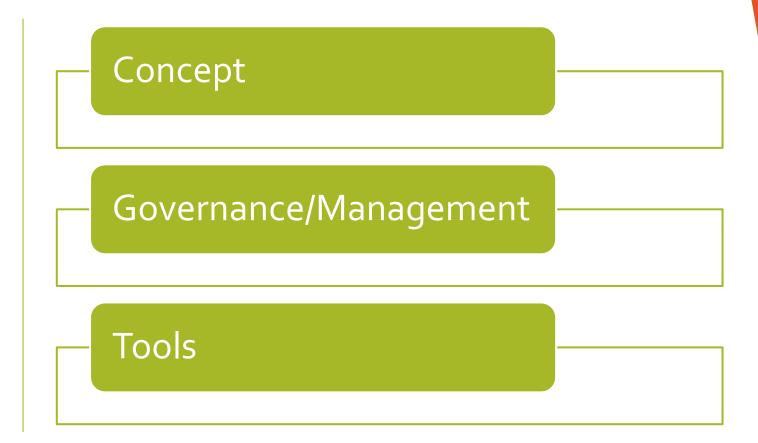
Agency for Business Development and Support 9th May 2023

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OPEN TOURISM CIRCUIT







Concept

- improved quality of tourism information and welcome service
- increase and diversify tourist flows
- enhancing local cultural and natural heritage and the strategic role of local communities
- cross-border public-private network to develop new tourism promotion strategies and actions
- promote new tourism strategies based on the touristterritory relationship and on the use of new technologies.





Governance/Management

 The model represents the public-private relations aimed at spreading and expanding the Open Tourism experience, facing problems in a shared way through solutions designed and implemented together



Tools



- Brochures
- Mobile App
- Touristic Video





Maps with Itineraries

As an unknown foreigner once said, Cetinje is formed in a secluded place, far away from enemies' hands, but still close enough to those with a good heart and good intentions. Today, Cetinje is a town museum and witness of many great and tragic events of our past. The whole town with its monuments is like a big theatrical scenery that will captivate you with its drama, carved by our tradition, humor, and mentality. The municipality area spreads within two national parks - Skadar Lake and Lovćen Cetinje that are easily accessible and provide immense natural and cultural diversity. Dividing Cetinje from Kotor Bay, mountain Lovéen was always a graceful natural barrier Town - Museum between two regions. It remains the place of amazing stories and legends along with cultural and natural sights. Skadar Lake is known as the biggest lake on Welcome to Cetinje, the Old Royal Capital of Montenegro. the Balkan peninsula. It is a wildlife hotspot, swamp of international significance, and one of the largest bird Cetinje was founded at the end of the 15th reserves in Europe. This lake is home to 270 species of birds, among other pelicans (which became the lake's century, in the barren plateau embraced by the rocky hills as a natural response of our little country symbol) seagulls, herons, and others. to the attacks of the big medieval empires. Under the

mountain Lovćen, where the soil is poor, and winters

are harsh and snowy, surrounded by the enemies,

Montenegrins built a town that would promptly become

the center of their state, where they were in the poverty-

stricken position, but at least they could live freely.

Cetinje was the core of our state, as well as the spiritual

OPEN TOURISM Open Tourism aims to develop and implement a cross-border public-private cooperation strategy to promote and enhance the local heritage and favor economic and social development An innovative strategy will be implemented, based on a new concept of tourism (focusing on a deeper relation visitor-local community); a cross-border governance and marketing model, and a more structured and modern tourist offer. We will develop

a shared model to design and manage policies to jointly boost the attractiveness, realize a set of new products (a common brand, thematic itineraries, promotional kit, a Platform, an APP, a contest for visitors); create an extended system of tourist information points with local tourist and economic Cross-border cooperation is fundamental to develop a more inclusive network; maximize efforts in finding solutions to common problems, pool resources, expertise, and ideas to create synergies and support one other; develop more comprehensive and effective strategies, products, and services, gain from economies of scale. The project will benefit the partnership, public and private stakeholders involved, local tourist and economic operators, visitors, but also local communities as a whole and all territories that will decide to replicate this experience. Important changes that are expected the empowerment of public and private actors involved, the spread of a new idea of tourism based on the relation touristterritory, the delivery of a qualified, differentiated,

and non-seasonal tourist offe

For more information regarding the project and its goals please visit our website: https://opentourism.italy-albania-montenegro.eu/

and cultural midpoint of the country.

Interesting facts: Priests and state leaders -First 4 leaders of the famous Dynasty Petrović were Archbishops that ruled the church and the state. Their capital residence was at the Cetinje Monastery that is still the main center of Montenegrin Orthodox church. Priests practiced asceticism and they could not have kids, so the gifted cousin or nephew would be selected as heir to the throne.

Saint Peter of Cetinje - Was a historical figure and rules of Montenegro from 1784 to 1830. He introduced the first laws in Montenegro, built monasteries to educate people and preserve their tradition, and made peace among the clans that were brawling between each other. Ruling the state from the Cetinje Monastery in a prudent way but with firm character, he was remembered as a bishop with the cross in one and sword in the other hand. Today he is known as Saint Peter of Cetinie, and he is celebrated in the Orthodox calendar on October 31st. His body remains are kept in the casket inside the church of Cetinje Monastery.

Philosopher and poet - Petar II Petrović Njegoš was a ruler and a bishop, but he was also known as the most famous writer and philosopher amongst South Slavs. He died at the age of 38 of TBC, still, he managed to write inestimable books and poems. His preeminent book "The Mountain Wreath' is translated into 80 languages. He remains a curious case, in the act of how it is possible that a young man, who lived in the desolate area knows so much, and writes in such manner

Eight years of Kingdom – Montenegro was a Kingdom for 8 years and Cetinje was its capital Prince Nikola Petrović became a king on his 50th anniversary of ruling the state, and Montenegro was internationally accepted as a kingdom. Unfortunately, WWI and sequential tragic events accelerated the end of the Petrović dynasty and the Kingdom of Montenegro.

Father-in-law of Europe: Prince, and later King Nikola Petrović married 5 of his daughters to the Lords and Princes of Europe. That gave him the nickname 'Fatherin-law of Europe'.

City of arts - As a cradle of history and culture in Montenegro, Cetinie is the home of the State University - department of Art. Department of fine arts, music, and drama are all positioned in the small historical part of the town, which gives a unique glint.





Interreg - IPA CBC Italy - Albania - Montenegro **OPEN TOURISM**

CETINJE

Old Royal Capital

The biggest

little town



































Culture Map

LITTLE BY SIZE, CETINJE STILL ENGRAVES "HISTORY". WALK THROUGH THE CENTURIES (m) Cetinje looks like one big theatre hall, filled with interesting monuments that are hiding amusing stories of the Montenegrin rebellions from the hill. We hope that you will be inspired by the heritage and the beauty of our Royal capital. Take a walk through the history and see the most 42.38°N 18.92°E beautiful architecture of the Cetinje, which hides Elevation 671m/ interesting stories of how the town was built, about its rough, challenging, and simple life, until the days Time zone GMT +1(CET) Area total 910km2 of its rise when Cetinje became the Royal capital of Area tel code +382 41 Montenegro. own, 16.757 in total Climate CFB, mild teritory / 2011 The itinerary defined on the map is only a few km long and most of the sites are within easy walking dry summers, cold and distance from each other. Every church is open to humid winters, rainy the public, and museums have their guides that will spring and autumn tell you the story of the monuments, their owners. and the purpose it has nowadays. the residence of the last Montenegrin ruler Nikola buildings from the beginning of the 20th century Recommended start of the walk would be I Petrovic Njegoš, and his family. Hear about the The building was constructed following the from the Monument dedicated to Ivan Crnojević, great Prince and King, the way he ruled the state, architecture plan of Italian architect Corradini the founder of Cetinje. It was built in 1982 for the and see the exhibition of flags, weapons, medals and it is a rare piece of architecture. Cetinje 500th birthday that are collected and carefully preserved. 18 19 20 On the corner of the same street 21. 2 5 Continue down the street to Cipur Look at elements of our tradition and heritage you can take a look at a simple former Turkish Church and Cetinje Monastery, which are in the Ethnographic Museum positioned across embassy and follow the street to the main City the two most important religious buildings in Hall and Royal Theatre "Zetski Dom" founded King Nikola's palace, in the building of the former Cetinje. Spend some time visiting the church and Serbian Embassy. Learn about the lifestyle, old in 1884 and it is the oldest theatre in Montenegro. monastery and see the tombs of Ivan Cmojević. tools, and uniforms of Montenegrins from different King Nikola, and Queen Milena, and honor Petar I regions in the exhibition that holds around 4400 Petrović whose body remains are exposed in the As you reach the end of the street, you'll see pieces of the exhibit coffin inside the Monastery. Cetinje Monastery the oldest church in Cetinje, Vlaška Church. The will be right in front of you and after few steps, most intriguing fact is that the fence around the Continue your adventure through history by church, made in 1897, was constructed by using you can enter this famous orthodox sanctuary. bow to the remains of Saint Peter of Cetinje, visiting the Art and History Museum that is 1554 rifle barrels collected from the ottoman exhibited in the building of the Old Parliament. soldiers on the battlefields of the 19th century. and witness its treasures and two Cristian relics that are kept inside the Monastery - The right Hear about Montenegro through the different hand of Saint John the Baptist and Particle periods and see the pieces of art of the most In front of the church you can see the of the Holy Cross. famous Montenegrin artists. "Lovćenska Vila" monument, one of the unique pieces of artwork, the work of Risto 4 5 6 Your next step is the Mill of Ivan 😃 🛂 Take a stroll down the main street to Stijović, raised in 1939 in the loving memory Crnojević from the 15th century built on the of Montenegrin people - volunteers of WWI who Atelier Dado, former workshop of our famous painter Dado Djurić, now the museum of modern riverbank of subterranean river Cetinja, and Open tragically lost their lives in a boat crash. theatre scene, before you start walking upon the arts. Next to the Atelier, there is the residential Eagle's Rock hill, the place where the founder building of the former Bulgarian Embassy. Proceed next to the building of the former of dynasty Petrović, Bishop Danilo was buried, French embassy that is a unique piece of where you can have a great view from birds' 13 14 15 As you walk down Njegoševa Street architecture in Montenegro, from the 19th century. perspective on the historical part of the town and pay attention to the simple buildings of former its surroundings Belgium and German Embassies and admire After the short walk out of the historical the beautiful exterior of the Former British center, you'll find two monumental buildings **W** Njegoš's residence is your next step. By Embassy that might surprise you with beautiful that were constructed to serve as embassies melodies from the inside, as today it hosts the Academy of Music of Montenegro. exploring the new residence of Billiard Hall Vladičina hašta - Monumental Austro-Hungarian Embassy and walking through the steps of the great ruler, with a Roman Catholic cathedral built in the Neo priest, philosopher, and writer - Petar II Petrović P romantic style, and beautiful Italian embassy Niegoš, in his library and office you will hear some 45 At the end of the same promenade you will that today is used as the office of the National great stories about his achievements through reach the blue palace or the Blue Court. Blue Library of Montenegro "Đurađ Crnojević" his brilliant but short life. Here you can look at VISIT AS Court was built in 1895. It was the residence of the Relief of Montenegro on the southern side the heir to the throne Prince Danilo who lived On your way back to the city center visit the A GUEST. of the building, built during the age of Austrohere until 1916. Today it represents the residence Hungarian occupation 1916/17 in the proportions Money Museum situated in the historic building EXPERIENCE of the President of Montenegro. of the first Montenegrin bank, where you can see LIKE A LOCAL! the first Montenegrin currency - Perper, as well Russian Embassy, positioned nearby, should as a wide range of other numismatic material 8 King Nikola's Palace is your next museum be your next point of interest. It is one of the exhibited in this unique museum. to explore. Museum was founded in 1926, within

Intact nature of Cetinje region

Full travel guide for National parks Lovcen and Skadar lake

Cetinje was founded at the end of the 15th century, in the barren plateau embraced by the rocky hills as a natural response of our little country to the attacks of the big medieval empires. Under the mountain Lovćen, where the soil is poor, and winters are harsh and snowy, surrounded by the enemies, Montenegrins built a town that would promptly become the center of their state, where they were in the poverty-stricken position, but at least they could live freely.

Today, this little cozy town, situated between two national parks, on high ground, in the shade, and far

from the crowd and traffic, is the real heaven for outdoor activities. Clear air and gentle breeze represent ideal conditions for a walk, bike, or car ride via old caravan roads and through remote villages with fascinating panoramic views, and authentic architectural

The municipality area spreads within two national parks - Skadar Lake and Lovćen that are easily accessible and provide immense natural and cultural diversity.

When you first visit the city, you cannot miss the view towards the cap-shaped mountain emerging above the city. That is Mount Lovćen, a symbol of not only Cetinje but of the entire Montenegro Dividing Cetinje from Kotor Bay, mountain Lovéen was always a graceful natural barrier between two regions, rising with its highest peaks to the altitude of 1750 above the sea level. A compelling combination of Mediterranean and continental climate types enriched Lovćen with biodiversity. There are 1158 distinctive species of plants that make almost half of the total number of flora in the whole country. National Park retains around 200 different sorts of birds and some rare mammals.

Lovćen is the cultural heart of the Cetinje region, and the history, culture, and tradition of this mountain

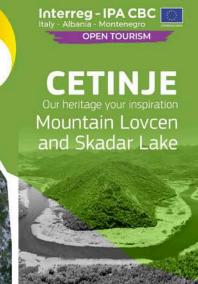
are deeply connected with our people and included in many songs, poems, books, depicted in every tourist magazine or website, simply indispensable part for every visitor coming here. On the mountain's second highest peak - Lake peak (1657m), you can find the entombment of the ruler and bishop, and the greatest poet and philosopher of Montenegro - Petar II Petrović Njegoš. A visitor needs to climb 461 stairs to visit this monumental mausoleum with impressive architecture and sculptures to relish the great 360 degrees view of Montenegro.

The second national park of the Cetinie region is the biggest lake in southern Europe - Skadar Lake. The Montenegrin side of the lake, in the plain near Podgorica capital, was always a historical crossroad, especially between the medieval west and east. Skadar Lake has held the status of National Park since 1983. It is a wildlife hotspot, swamp of international significance, and one of the largest bird reserves in Europe. This lake is home to 270 species of birds, among other pelicans (which became the lake's symbol) seagulls, herons, and others. Look for the birds and you will find fish. Skadar Lake is abundant in fish, with more than 50 different species, especially carp, bleak, and eel. The Lake area is also culturally affluent with more than 20 old monasteries, many churches, fortresses, villages, and stone ruins that tell us the story of Montenegrin history from 11 century up to today. There are many little villages known for fishing, viticulture, honey, famous varieties of red wine, stone houses, hearty hospitality, and meals. The lake is known for its warm and calm waters, rich flora and fauna, and stunning panoramic views.



















OPEN TOURISM

chorder public-private cooperation strategy to note and enhance the local heritage and favor omic and social development. movative strategy will be implemented, based new concept of tourism flocusing on a deeper sion visitor-local community), a cross-border strance and marketing model, and a more cutred and moder tourist offer. We will develop ared model to design and manage policies to ty boost the attractiveness, realize a set of new facts (a common brand, thematic litineraries, noticities and attractiveness, a corrects for possi, create an extended system of tourist mation points with local tourist and economic rators.







EXPLORE THE BEAUTY OF OUR NATIONAL PARKS **OUR NATURAL GEMS YOUR** ADVENTURE

RECOMMENDED ITINERARY:

Start your adventure in the direction of National Park Lovćen slopes that stand high above the town Soon you'll enter a National Park zone, where you will enjoy beautiful sights and unique flora. The slopes of the national park ridge are rocky. with many deep valleys, pits, and gorges, which introduce a sensational landscape. After 12 km of gently ascending on a narrow and curvy road you will reach one of the favorite spots Ivanova Korita / Ivan Springs plateau.

Nanova Korita plateau is known for its simple and thentic architecture and flawless nature. Located in the middle of the National Park this zone is one of the favorite nature escape places of Montenegrins and the starting point to some beautiful walks and hikes. Enjoy nature with your family, do some activities or visit national restaurants built in the natural ambiance, because the valley offers plenty of choices. 1.1 First of all, we suggest stopping at the Visitors Center,

where you can find maps and souvenirs, and enjoy exhibitions dedicated to the Lovčen flora, fauna, and cultural heritage. 12 First active option is an outdoor Adventure Park located nearby, with their trained team who will provide you with equipment and instruction for all the games and other activities

like paintball, quad safari, or cycling 13 If you want to have an easy hike with the gentle ascend the best option is the Circle panoramic tour through the dark forest. This 3-hour and 9 to 10 km lent walk will take you through untouched beech forest, great views to the coastal riviera viewpoints. Through this magnificent walk, you will discover the beauty of lovely Hamlet Dolovi and its magic woods and see the remains of the old architecture. 14 Another hiking trail will take you to the main attraction of NP Lovčen and the second-highest peak-The Lake peak 1657 the trail is of medium difficulty with a 3-hour walk and 5 km in length and its starts in front of the nearby hotel. You will come under the Njegoš's Mausoleum, the burial place of Petar II Petrović Njegoš, where you can honor the greatest poet and philosopher of the South Slaves. This is one of the most important cultural uments of Montenegro and for sure the most impressive. It will take you to rlimb 451 stairs but it is worth it as there is a majestic statue of the poet, and you will find an amazing 360-degree view of Montenegro. Surrounded by a sea of hills you will soon perceive the reason behind the origin of the name Montenegro - a country of black hills

NOTE Reaching the Mausoleum by car or bike is easy following the main road who will take you to Mausoleum in just a few kilometers, which is the most suitable and easier option to visit the monument and enjoy the panorama, especially if you are time-limited. Whatever you decide, remember this - you cannot count that you visited NP Lovćen if you did not visit

2 As you go down from the Mausoleum zone, follow the oad around the Stirovnik peak, the highest peak of NP Lovčen, where you can enjoy in magnificent panoramic drive with the most beautiful viewpoints of **Boka Bay**, also known as a bride of Adriatic because of its unexampled beauty Photo. stops are highly recommended on several locations where you can make a postcard-worthy photo of this beauty and have a chance to refresh and try local snacks; drinks, and liquors,

3 Same Road will take you to the end of the National Park zone to the crossroad Krstac that connects Lovéen with Boka bay. This is where the famous 25 serpentine roads, constructed more than 100 years ago are carved in the mountain. This scenic road goes all the way down to Kotor

itill as you pass from one park to another you iscover two different worlds and landscapes ou experience a complete change in vegetation emperature, and altitude.

TIVAT

KOTOR

where you can stop and enjoy some unique sights. 3.1. On the beginning of the road which leads towards the bay, there is a possibility to do a 400m long Zip Line that clings above the Skurda stream canyon, giving you a unique view towards the coast

Another great hiking option starts here in this zone - hike to the Pestingrad hill. It is a stunning climb with the best views towards Boka bay and Kotor. This 1000 m peak rises vertically above the coast, and it gives the birds perspective towards Montenegro's finest landscape

6 Next stop is Njeguší village known as the home of the Petrović dynasty, a family that ruled our country for more than 200 years. Known for the best prosciutto and cheese in Montenegro, taverns in Njeguši are waiting for you to taste the traditional delights of Montenegro. If you like to try good liquors go for the grape brandy or sweet honey wine.

5.1. In the center of the village, use the opportunity to visit a museum - Petar II Petrović Njegoš Birth House, It was built in 1779 by his uncle Petar I, also the famous ruler of Montenegro. Njegoš was born in 1813 in this house, where he spent his youth. The museum guide will tell you the story of the Petrović family Petar II, and his achievements as a ruler and poet, and you will also get familiar with the old traditional

5.2 While leaving the village, you will see the simple tavem with the beautiful garden. It is the house of the oldest bar in Montenegro - 'Kod Pera na Bukovicu' built-in 1881, still

Biking options: The whole National Park Lovćen region is a biking paradise, the whole circle has 46 km, with an altitude change of more than 800 meters. Still, you will experience great sightseeing, curvy but good roads, and numerous options for photo-making and natural breaks.

When you leave Njeguši and Lovćen territory Cetinje is only 10 km away and 15 km more to National Park Skadar Lake zone, your next point of interest. As you pass through Cetinje take the main motorway in the direction of Podgorica.

First stop on your way is an attraction of national reputation — Lipa cave and one of the largest cave monuments in Montenegro with its beautiful and wild system of 2.5 km of passages and halls. It is the first cave adventure Montenegro offering a charming diversity of karstic features to provide the visitors with a unique experience of the underground world. The cave's authenticity lies in its genuine vildemess that leaves a lasting impression and makes the visit a memorable adventure. Near the Lipa cave, there is a local rural farm, with homemade products, and the option to set up

the tent and enjoy camping.
6.1 Soon you will be in the heart of the National Park - Lake Skadar and an authentic and unique reservoir of nature. As you go down the hill in the direction of Lake Skadar you will face

a change in the temperature, vegetation, and altitude of about 600m This region is bles sed with a huge quantity of fresh water and a mild continental climate with plenty of sunny days. also known for its old villages, fishing, wine, and honey. The first option is by taking a 20 km ride in the direction of Rijeka Crolevića, or if you prefer hiking, you can take three hours and

Your main point of the visit will be the fishing village Rijeka Crnojevića - River Crnojevića Farmous historical, but also a natural region with good wine and fish specialties, this place was a refuge for the medieval rulers. Once a big trading center, it will enchant visitors with the architecture of the old bridge, rural houses, and old boats. where you can choose between plenty of activities. Good thing is that all activities can start from the main town bridge and

First walking option starts from the settlement Promenade and follows the gravel road towards the Obod cave entrance. It will take you only a few km to get there, following the

The same spot is a starting point of another walking option, by crossing the local bridge where the curvy road will take you up towards Obod hill with the Church of St. Nicola's from the 15th century and remains of Obod Printing office, location of the great cultural value and place where the first book of South Slavs was printed (1492).

Take the boat ride with one of the locals as the day on narrowest but the most attractive zone of the Lake. This unique nature reserve will leave you wordless and you will enjoy its water lilies, clean water, surrounded by the hills and dense forest 10.1 10.2 We suggest you pass by the old fishing villages Dodoši and Karuč with authentic architecture where the houses and temporary fishing facilities are standing tight to each other. Stop to take a walk over the village and have a drink or funch in one of the local restaurants. 10.5 Once you reach the previous points by boat, continue to Zabljak Crnojevića a medieval fortress and country capital in the mid-XV century.

Another great activity on the water would be a few hours of kayaking experience starting from the same old bridge Paddle through the narrow river, surrounded by the

On the same location, on the main promenade of Rijeka Crnojevića you will find great lunch and dining options with the lake fish specialties. Local restaurants are known for their quality and long tradition Rijeka Cmojevića is a crossroad zone from where you can explore few directions, find more great sights, rural areas, and villages.

10 km long walk, starting near the Lipa Cave, with the trail that will take you towards the lake.

60

nice fish restaurants nearby

river upstream, all the way to its source - directly in the cave.

the lake would be incomplete without it. Enjoy the

parren hills, towards the open waters

Biking option - this 15 km long easy qualified bike tour will take you from Cetinje to Rijeka Crnojevića. You will experience an altitude change of 600 meters, coming from the plain rock and the hills of Cetinje and Lovčen region to the dense vegetation and quiet water of the Lakeside.

6 Next stop in the same direction is villages Rvaši and Prevlaka, known for traditional stone houses and the

typical grape yards where you can visit their cellars and get a

taste of their wines or local fish specialties. Karuč and Dodoši.

villages mentioned in the boat ride (10.1 10.2) can be reached

CETINJE Pavlova strana Lipska pećina Karuč RIJEKA CRNOJEVIĆA Take a short ride via the old road to Virpazar where you vill see some other boat mannas, and a beautiful viewpoint towards the lake called - Dujeva. As you go more uphill you will reach the authentic village Poseljani, known for its stone dry walls, houses, and wine 13 Another direction takes you to the unique and famous panorama of Pavlova Strana viewpoint. The scenic road will take you above the riverbanks where you can stop and enjoy magnificent views of Skadar Lake. This viewpoint was one of the main inspirations of Montenegrin famous painter Dado Djuric that rose to prominence in the 20th century.

VISIT AS

A GUEST.

EXPLORE

LIKE A LOCAL!

CETINJE GASTRONOMY

Unique chance to fuel all your senses

Welcome to Cetinje, the Old Royal Capital of Montenegro.

Cetinje was founded at the end of the 15th century, in the barren plateau embraced by the rocky hills as a natural response of our little country to the attacks of the big medieval empires. Under the Mountain Lovčen, where the soil is poor, and winters are harsh and snowy, surrounded by the enemies, Montenegrins built a town that would promptly become the center of their state, where they were in the poverty-stricken position, but at least they could

live freely. As an unknown foreigner once said, Cetinje is formed in a secluded place, far away from enemies' hands, but still close enough to the ones with a good heart and good intentions.

Today, Cetinje is a town museum and witness of many great and tragic events of our past. The whole town with its monuments is like a big theatrical scenery that will captivate you with its drama, carved by our tradition, humor, and mentality. The municipality area spreads within two national parks - Skadar Lake and Lovćen that are easily accessible and provide immense natural and cultural diversity.

This region's lifestyle and tradition are ruled by the highlands of the Lovčen region and habits of fishermen gathered around the small area of Lake Skadar, land rich in sun and vegetation and its waters abundant in fish. The population of these two zones led a life that was dictated by a never-ending fight for freedom. People's main principles were to protect their own families, tradition, and land

In such circumstances, isolated and surrounded by the opposing empires, people altered their life to a natural environment. Livestock farming and

agriculture represented the main daytime jobs for people of the Lovćen area, whereas the lakeside locals were known for fishing and viticulture. The production, small and undemanding, remained the same for a long period. The whole region has an altitude difference from the highest altitude 1750 to almost zero on the lakeside, so don't be surprised to find so many distinctions in vegetation and food. People consumed simple but healthy food which was a combination of various fish, vegetables, and grapes - trademarks of the lakeside region. Every farm was built carefully, edged with dry-stone walls. The houses were constructed on the hillsides, often crafted with one wall in the rock, as the locals wanted to exploit as much land as possible for farming The soil was not agriculturally optimal, but the fields and meadows were good for cattle breeding. Both zones are rewarded with diverse landscapes and climates, which makes a suitable terrain for cultivating different sorts of herbs, berries, and grapes. All of this makes this region ideal for beekeeping, so the tradition of honey harvesting is long and presented through different products. Wine production is larger and even more famous, so some grape varieties and wine that we get are unique by color and taste. Going from hill to hill you will find different flora covers that give flavor to the cuisine of this area and provide a very special taste.



Interreg - IPA CBC OPEN TOURISM aromas of Cetinje and old Montenegro

> Albania - Montenegro Programme. This material was developed through the resitation of the project Open Tourism, This project is financed by the INTERREG IPA CBC Italy

















OPEN TOURISM











Discover tastes and aromas of Cetinje and old Montenegro

Let us share with you the joy of exploring the gastronomic side of the Cetinje region, as on this small territory we have a diverse and authentic menu. From the highest peaks, over the hills, all along the lakeshore you will find new liqueurs or food that will be a delight for your senses and your eyes. That is why you need to travel through Montenegro if you want to truly experience its gastronomic offer. Such rich cuisine bonds you easily with the locals and you can learn plenty of Montenegrin customs and make new friendships without knowing the language. Interesting bits of history and geography are decorations of traditional Montenegrin meals, served by local hosts while you enjoy gastronomic gems from our authentic menu.

Cheese from Njeguši – Lovčen region Here in Montenegro the tradition of cheese production is very old and varies slightly from region to region. Only the dry cheese from Njeguši village is made differently and uniquely. This village, specific for its position above the Boka bay, is an intersection clew of the sea and mountain air and is an ideal place for drying the food. Cheese is its most famous product, and it holds the longest and nichest tradition it is kept for 3 months in a shady, cold, and dry place before serving. Special taste and aroma are derived from the wooden pot where the cheese is kept. Along with Njeguši prosciutot, this cheese represents the most famous gastronomic symbol of the region and one of the most famous in the whole country.

Njeguši Prosciutto – Lovćen region This local specialty served with Njeguši cheese represents the symbol of ultimate Montenegrin hospitality. The previously mentioned natural environment that is excellent for livestock farming and a mix of Mediterranean and mountain air make the Njeguši zone great for drying prosciutto. Drying, smoking, and maturing meat is done in an old and traditional way. The dry rooms, where the meat is kent and driedt have wide walls made of local stone. Meat is dried during the night, and the beech tree is used to smoke the meat or live low heat during the day. As you visit Njeguši village, on every comer you will see the locals offering you to purchase small packs or even the whole prosciutto prepared at their households.

Njeguší Steak - restaurant specialty This local specialty is created by filling pork or veal schnitzel with Njeguší Prosciutto and cheese. This delicious main course and a must-try steak can be found on the menu of most national restaurants in Montenegro.

Raštan (black cabbage) – restaurant specialty It is an authentic meal made of vegetables from the cabbage family that was part of this region for years. This resistant vegetable sort is a great food choice for the winter months even nowadays. The delicious and healthy meal is cooked with smoked meat and potatoes. It can be found seasonally in the restaurants of national cuisine.

Kastradina (Dried mutton) - Restaurant specialty is a local specialty, served with cabbage or kale with strong aromas so they can match the recognizable taste of the meat. This meal is served in most of the restaurants of national cuisine

GASTRONOMIC ROUTES

3 Gastronomic presentation of Cetinje town offers great and appetizing options, with numerous restaurants and patry shops. Most of them are a short walking distance of the main city attractions. Restaurants offer a combination of baddronal and modern usine. Local famous dry chees and prosociuts are the best cold appetizes that you can try, whereas beef and fish sougs are perfect choices if you want to warm yourself up Some restaurants provide Skadar Lake specialities such as carp, eel, or bleak. Among modern gastronomy delights, you will find pasta, pizzas, barbeque, and others. Local red wine pairs with strong and meany food and the white one with fish.

national park, this restaurant is an amazing location to quench your thirst and enjoy the food.

Solid the road around the **Stirovnik** peak and savoir the moment in one of the most beautiful viewpoints of Boka bay known for its unexampled beauty. There you will find viewpoints with the locals offering you for thy prosculus and cheese, dinniks, and liqueurs so you can refresh while you enjoy great sights.

Skadar Lake Carp This endemic sort of carp from Skadar Lake can be consumed in various ways smoked, fried in oil, or marinated The most delicious one, though, is cooked in the pan – so-called "Krap u Tavu" with vegetables and fruits like quince and dried plums:

Skadar Lake eel Another precious and tasty sort of fish from the lake is eel. The eel can be prepared on the barbeque, zeal, or under the bell. You can often find it in combination with rice, which gives eel softer and better taste. It can be found in the local fish restaurants as their delicacy.

Skadar Lake Bleak is an endemic sort of fish that lives in the wild habitat of Lake Skadar. It looks like a sweet water sardine For centuries it was the most valued catch among local fishermen. It has high quality and characteristic taste. You may find it in the local restaurants or in the rural households prepared as smoked or deep-fried.

Honey - The beekeeping tradition of this region is lengthy, simple, and cherished with love and dedication. The whole region, especially the mountain zone is known for its flora, herbs, and berries, which makes it ideal for beekeeping. Honey holds an exclusive place on the liacial rable. Many households will share their story with you and offer their products like honey, progolis, honey wine, mead, and different liqueurs. Let us not forget to mention the honey gastronomy, fair named 'Days of Linden and honey.' Every 12th of July for the past 20 years, beekeepers from this region gather at the local square offering their honey and other products like propolis, liqueurs, etc.

Grapes - Skadar Lake region blessed with a mild climate, plenty of surny days, dense vegetation, and proximity to water, is the place with ideal conditions for the growth and development of authentic grape varieties. All of this led to a long-established tradition of vitucluture and winemaking. Typical old Montenegrin vineyard is small, as locals were spatially limited due to the rocky terrain. Nevertheless, thanks to the number of sunnyhours and water quantity every branch are full of large grapes. Between red and white grape varieties, reds are dominant with more than two halves of all grapevines in Montenegro. Next stop is the most famous local village - Njeguši, known as the residence of the Petrović Dynasty, a family that ruled our country for more than 200 years, but also the homeand of great tradition in preparing the best dry cow cheese and unique prosciutto. Njeguši prosciutto and cheese are one of the most famous gastronomic symbols of our country. Njeguši taverns are waiting for you to taste these traditional delights of fontenengo. It is recommendable to combine them with grape or honey rakija, or in case you prefer sweeter liqueur go with the honey vine to wake up all your senses.

4.1. Continue a few km up the hill and on the left side, just before the tunnel, you will see the tavern with the beautiful garden. It is the house of the oldest bar in Montenegro – "Kod Pera na Bukevicu" built in 1881, still owned by the same family that founded the bar.

3 When you leave Njeguši and Lovćen territory you will arrive in the zone of villages, well known for beekeeping and honey harvesting As you drive down the hill you will see the beekines or the signs that point in the direction of one of these sweet spots. A few hosts of village Balice, positioned on the same road, just before entering the Ceting, are part of a larger organization. Their main aim is to host the guests, show the farm, offer to try their products, and tell you stories about this unique occupation that one must clove to maintain As you cross Ceting, follow the direction to Rijeka CrinGeyeria.

Češljari (

Meterizi

of about 600m. This region is blessed with a huge quantity of fresh water. mild contenents durinate with plenty of sarry days, 6.1 As you drive down the hill, towards the Lake, follow one of the winery signs that will take you to the local wineries. You will have a chance to see their vineyards and cellars. Savor famous Montenegum red Dicady wine that has a dark red color, or white and rose wines, and taste some of the local delights like proscutto, cheese, honey, donuts, and others.

Once a big trading center, it enchants visitors willage.Once a big trading center, it enchants visitors with its old village atmosphere, store bridge, and "full-flavored" fish.

Going down the hill in the direction of Skadar Lake you will

face a change in the temperature, vegetation, and altitude

Local bleak, carp, and eel, prepared in different ways, are the most famous fish specialities of the region.

3. Take a boat ride with one of the locals as the day or the lake would be incomplete without it. Let the boat take you to the villages **Dodoši** and Karpt. where houses and temporary fishing facilities are standing tight to each other **Rijeka Crnojevića** is a **crossroad** gane that will provide you with a

specialties On the main promenade of Rijeka Crnojevića, you

fish restaurants are known for their quality and long tradition.

can grab lunch while exploring interesting dining options. Local

few directions to explore, find more great sights, rural areas, etc.

S As you on uptil in the direction of villages **Dujeva** and **Poseljani**, you will see locate shat work hard to maintain their
households and small vineyards even though they are isolated
in the hills.

40) Another direction takes you to the unique and famous panoram of Pavlova Strama Viewpoint before you arrive at villages Rva8i and Prevlaka, known for traditional storie houses and the tyoical grape yords. Local wineries will grow you contail welcome, show you their vineyard, their cellar and pet you to taste their red, white, or rose wine, their herb or fruit liqueuts, and offer you some typical daily snacks. Karuž and Dodoši, villages mentioned in the boat ride (8) can be reached by this road easily.

GUEST, TASTE

LIKE A LOCAL!

Wine production is typical for south and continental Montenego, and it has a long tradition in the Cetinje region. These wineries settled down in the region of Skadar Lake, are well known for their excellence in wine quality, especially the red one. That is something that our locals are very proud of The most famous brand of red wine in Montenegro is Vranac, made of the grape variety of the same name. It has a distinctive dark red color and that is the reason why it is classified as a black wine. It has a strong and intensive task. Another famous local red wine sort known for centuries is Kratosija. It originates from the same family as American Zinfandel.

2 If you decide to explore the high hills of the region take

a ride in the direction of National Park Lovčen After 12 km

you will reach one of the favorite spots - the Ivanova Korita

plateau, located in the middle of the National Park known for

its simple and authentic architecture and flawless nature. You

can also enjoy memorable traditional cuisine at one of the local

restaurants embraced by the natural ambiance. Some of the

restaurants lean on tradition when preparing meals in perhaps

ancient and more demanding ways but all to get a memorable

something you must do. After you climb 461 stairs to reach the

monument, dedicated to our famous leader and poet Petar

II Petrović Njegoš, you can take a break at the restaurant

below the staircases. Combining local and international cuisine.

followed by stunning views on the plateau and the rest of the

CETINJE

Lipska pećina 😲

Gornji Ceklin

2.1 When in Cetinie visiting the famous Mausoleum is

Rakija brandy is the most famous brandy not only in Montenegro but also in the whole Balkan region. It can be prepared from different sorts of fruits and even herbs, still, the most famous one is made of grape, plum, apple, and quince. The National drink of Montenegro is grape. Rakija and it is offered and served in most Montenegrin houses. It is believed that it helps with strengthening the immune system (if you have one or two per day) and is traditionally served as a welcome drink during a common meal or some important family gathering or celebration.

Medovača - Mead This brandy is made by mixing honey, propolis, and rakija brandy in old times it was known as the drink of the Gods. This beverage is known for its golden-yellow color with a fresh scent and taste of honey it has a healing effect, and it is recommended to be concerned children.

Honey Wine — Medovina This lovely drink is one of the oldest and healthiest. It has a tender and sweet taste with 5 to 15% of alchool in it. It is also known as champagne made of honey. Annual production is small, so it is rare to find it in bars, but local households and vinenes do have it, although in limited quantity. Pavlova strana

Pavlova strana

Pavlova strana

Pavlova strana

Pavlova strana

RIJEKA
CRNOJEVIĆA

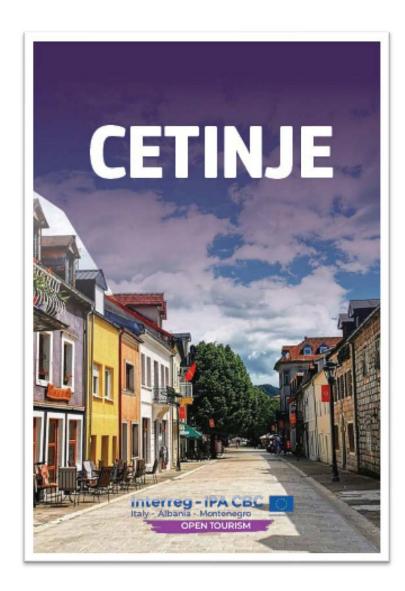
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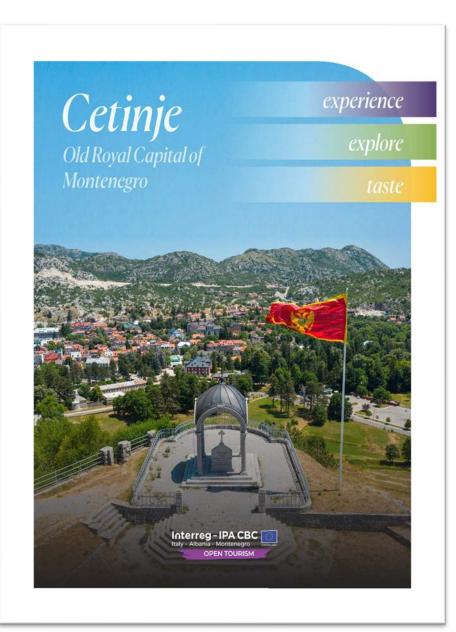
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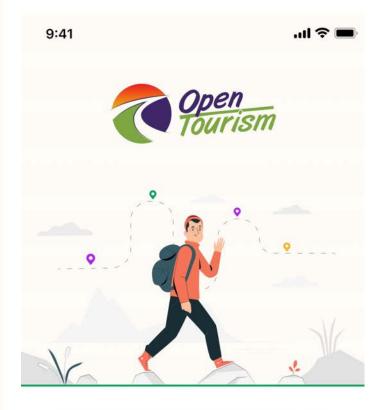








Mobile App

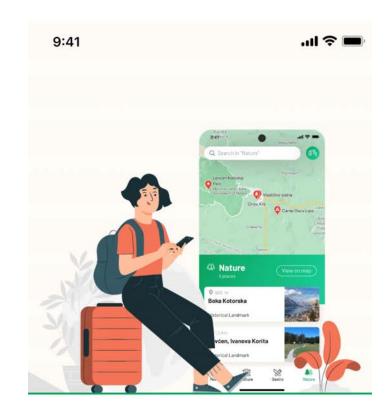


Welcome to the Open Tourism mobile app!

This app was developed through the realization of the project Open Toursim. The project is financed from the INTERREG IPA CBC Italy - Albania - Montenegro.

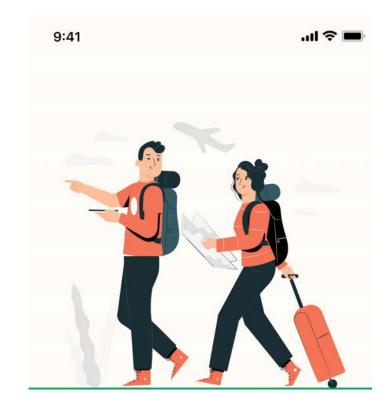


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Visit as a Guest, experience like a Local!

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Tourist attractions





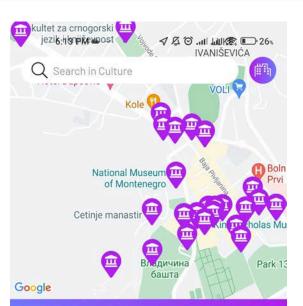








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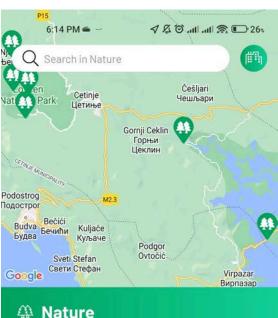
@ Culture

Visit as a guest, experience like a local!

Cetinje was founded at the end of the 15th century, in the barren plateau embraced by the rocky hills as a natural response of our small country to the attacks of the big medieval empires. Under the mountain Lovćen, where the...show more







Visit as a guest, explore like a local!

This cozy little town situated between two national parks, on high ground, in the shade, and far from the crowd and traffic, is the real haven for outdoor activities. Clear air and gentle breeze represent ideal

3 tours





Visit as a guest, taste like a local!



Home































Culture







Touristic Video





Thank You.